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## DEPARTMENT OF SOCIAL DEVELOPMENT

### HOME COMMUNITY BASED CARE SERVICE PACKAGE

#### 1. INTRODUCTION

The service package presented here is for Home and Community Based Care Projects providing services to individuals and families affected and those infected by HIV and AIDS.

#### 2. STRATEGIC OBJECTIVE OF THE PROGRAMME

The objective of the programme is to reduce the psycho-social impact of HIV and AIDS on the infected and affected individuals and families

#### 3. VALUES AND PRINCIPLES

- 3.1. Participation: Programmes are developed, implemented and monitored with the community, thus ensuring full community ownership.
- 3.2. Volunteerism: Involvement of community stakeholders at an individual or group level in the activities of the programme is based on free will. No stakeholder member should feel obliged, coaxed or manipulated into participating in the HCBCS programme.
- 3.3. Non-Partisan: Political involvement or affiliation is not a determinant to participation. This programme crosses political, ethnicity, religion, gender and racial lines. The primary concern here is the well-being of individuals, families and communities affected by HIV and AIDS.
- 3.4. Empowerment: Families and communities will be capacitated, strengthened and empowered to care for the infected and affected.
- 3.5. Universal Access: No means test or any form of selection will be used to determine who will have access to the services offered by the HCBCS programme. All residents of the community where the programme is established have equal access to services offered.
- 3.6. Partnerships: This programme does not suggest shifting of responsibility by government to families and communities. It recognizes the value of partnerships between government, communities (public) and the private sector.
- 3.7. Holistic: Basic services offered to the target groups will assume an integration approach, avoiding any potential segmentation, silos or duplication. Therefore, HCBC programme is not exclusively for HIV and AIDS. It is designed to offer services to vulnerable groups beyond HIV and AIDS.
- 3.8. Developmental: Basic services offered seek to empower target groups thus avoiding to treat them as dependent victims into capable individuals, groups and communities that have learned through the process and can confront such adversities in future on their own in a sustainable manner.

#### 4. DEFINITIONS

HCBC is the provision of comprehensive services, including health and social services, by formal and informal care-givers in the home in order to promote, restore and maintain a person's maximum level of comfort, function and health, including care towards a dignified death

#### 5. LEGISLATIVE FRAMEWORK AND GUIDELINES

- 5.1. Children's Act No.38 of 2005
- 5.2. Children's Amendment Act No. 41 of 2007
- 5.3. The Constitution of the Republic of South Africa No. 108 of 1996
- 5.4. National Strategic Plan on HIV,STIs and TB (NSP)2012- 2016
- 5.5. Norms and Standards for HCBC
- 5.6. Guidelines for Social Services to children infected and affected by HIV and AIDS
- 5.7. Policy Framework for OVC
- 5.8. Non-Profit Organization Act No. 71 of 1997
- 5.9. Public Finance Management Act No.1 of 1999

- 5.10. Social Assistance Act of 1992
- 5.11. Policy on Financial Awards

## **6. TYPES OF SERVICES/PROGRAMMES**

- 6.1. Care and Support to people infected and affected by HIV and AIDS and other debilitating conditions;
- 6.2. Early identification of children and families in need of Care and Support;
- 6.3. Addressing the needs of OVC and child-headed households
- 6.4. Facilitate access to grants;
- 6.5. Linking families and caregivers with poverty alleviation programmes
- 6.6. Provision of food parcels and food supplements;
- 6.7. Providing counselling to address the psychosocial needs of children and their families;
- 6.8. Addressing discrimination, stigmatization and disclosure;
- 6.9. Addressing capacity needs of families and children;
- 6.10. Training of Community caregivers (skills development);
- 6.10. Assist children and their families to develop memory boxes and books;
- 6.11. Run support groups;
- 6.12. Assist families and children with documentation;
- 6.13. Assist families with writing of wills;

## **7. REGISTRATION REQUIREMENTS**

- 7.1. The HCBC Center must register in accordance with the Non-Profit Organization Act No. 71 of 1997

## **8. LEVELS OF INTERVENTION**

### **8.1. Prevention**

- 8.1.1. Mobilise communities
- 8.1.2. Implement social and behaviour change programmes
- 8.1.3. Conduct community dialogues
- 8.1.4. Door to door campaigns
- 8.1.5. Education on services available (How ,where to access)/Information ,Education and Communication

### **8.2. Early intervention (non-statutory)**

- 8.2.1. Early identification of vulnerable groups incl. children, youth, women, PLWD, PLHIV, Older persons Assessment of needs of families
- 8.2.2. Empower family members on care-giving
- 8.2.3. Provision of basic protection and care
- 8.2.4. House chores and laundry where necessary
- 8.2.5. Basic counselling
- 8.2.6. Provide information and education to family members
- 8.2.7. Material assistance
- 8.2.8. Assist children with school uniform
- 8.2.9. Provide OVC with toiletries including sanitary pads
- 8.2.10. Assist children with laundry
- 8.2.11. Provide children with breakfast
- 8.2.12. Provide children with lunch
- 8.2.13. Provide children from CHH with dinner packages

### **8.3. Statutory intervention/residential/alternative care**

- 8.3.1. Referrals to Social Workers for alternative care
- 8.3.2. Referral for specialized services (to Social Workers, Nurses, Community development Practitioners, Doctor, Psychologists, Priest etc)

- 8.3.3. Referrals for legal documents e.g. writing of wills etc
- 8.3.4. Referrals to Home Affairs for vital or other documents (e.g. birth certificates, death certificates etc)
- 8.3.5. Identify eligible persons and assist access to benefits
- 8.3.6. Refer OVC to Social Workers for alternative care
- 8.3.7. Refer OVC to Nurses, Doctor, Psychologists, Priest
- 8.3.8. Refer OVC to legal institutions for legal documents e.g. writing of wills etc.
- 8.3.9. Refer OVC to Home Affairs for vital or other documents (e.g. birth certificates, death certificates etc.)
- 8.3.10. Refer for estates etc.

**8.4. Reconstruction and aftercare**

- 8.4.1. YHH and primary caregivers should be trained and empowered with knowledge and skills in running income-generating activities
- 8.4.2. Assist households in establishment of backyard food gardens
- 8.4.3. Prolong and support improved quality of life of primary caregivers who are infected with HIV or are living with AIDS. (Thogomelo programme/Psychosocial support programme)
- 8.4.4. Provision of treatment support
- 8.4.5. Adherence support to treatment for individuals on ARV treatment

**9. INDICATORS**

ACTIVITY	INDICATORS
Conduct situation analysis on communities, families and individuals who are vulnerable	<ul style="list-style-type: none"> <li>• Number of communities assessed</li> <li>• Number of families identified</li> <li>• Number of vulnerable individuals identified per age group</li> <li>• Number of facilities identified e.g.schools</li> </ul>
Conduct Home Visits -Help children with home cleaning -cooking -gardening -Lay counseling(listening) -homework supervision -Ensure children receive necessary services like immunization -Assist with accessing grants	<ul style="list-style-type: none"> <li>• Number of households visited</li> <li>• Number of adults reached</li> <li>• Number of children reached</li> <li>• Number of youths reached</li> <li>• Number of elderly people reached</li> <li>• Number of disabled people reached</li> </ul>
Empower primary care-givers -capacitate families to care for each other -assist families in preparing for death -assist in compiling memory boxes -Selection of future guardians for the children -support the primary care-givers	<ul style="list-style-type: none"> <li>• Number of primary care-givers empowered</li> <li>• Number of elderly people reached</li> <li>• Number of child-headed households reached</li> <li>• Number of care-givers cared for</li> </ul>
Conduct social and behavioral programmes	<ul style="list-style-type: none"> <li>• Number of key populations identified</li> <li>• Number of sessions conducted with the key populations</li> </ul>
Referral Services	<ul style="list-style-type: none"> <li>• Number of children referred to Drop-In Centers</li> <li>• Number of families/children referred to Social Workers</li> <li>• Number of families/children referred to other services</li> </ul>

Assist with application for essential documents	<ul style="list-style-type: none"> <li>• Number of clients assisted</li> <li>• Number of documents: birth/death certificates acquired</li> </ul>
Provide support to infected people on treatment	<ul style="list-style-type: none"> <li>• Number of support visits conducted</li> <li>• Number of food parcels provided</li> </ul>
Monitor support groups	<ul style="list-style-type: none"> <li>• Number of support groups for affected people monitored</li> <li>• Number of support groups for the infected supported</li> <li>• Number of support groups for the youth-headed households monitored</li> </ul>

#### 10. **TARGET GROUP**

- Children affected and those infected by HIV and AIDS
- Youth affected and those infected by HIV and AIDS
- Adults affected and those infected by HIV and AIDS
- Families with individuals affected by other chronic conditions
- Older persons
- Child-Headed Households
- Youth Headed Households
- People With Disabilities
- Granny headed households